

# St. Paul's Heaton Moor

Part of the Heatons Team



Welcome to our  
Service of  
Morning Praise  
led by Andrew  
Masters

**Tenth Sunday of Trinity 21<sup>st</sup> August 2022**

## Today's Hymns

All from The New English Hymnal (green hymnbook)

**Lord of all hopefulness 239**

**O for a heart to praise my God 74**

**Just as I am 294**

**Rejoice, the Lord is King 443**

## Readings

**Isaiah 58.9b-14**

**Hebrews 12.18-29**

**Luke 13.10-17**

### Isaiah 58.9b-14

Then you shall call, and the LORD will answer;  
you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you,  
the pointing of the finger, the speaking of evil,  
if you offer your food to the hungry  
and satisfy the needs of the afflicted,  
then your light shall rise in the darkness  
and your gloom be like the noonday.

The LORD will guide you continually,  
and satisfy your needs in parched places,  
and make your bones strong;  
and you shall be like a watered garden,  
like a spring of water,  
whose waters never fail.

You're ancient ruins shall be rebuilt;  
you shall raise up the foundations of many generations;  
you shall be called the repairer of the breach,  
the restorer of streets to live in.

If you refrain from trampling the sabbath,  
from pursuing your own interests on my holy day;  
if you call the sabbath a delight  
and the holy day of the LORD honourable;  
if you honour it, not going your own ways,  
serving your own interests, or pursuing your own affairs;  
then you shall take delight in the LORD,  
and I will make you ride upon the heights of the earth;  
I will feed you with the heritage of your ancestor Jacob,  
for the mouth of the LORD has spoken.

### Hebrews 12.18-29

You have not come to something that can be touched, a  
blazing fire, and darkness, and gloom, and a tempest, and the

sound of a trumpet, and a voice whose words made the  
hearers beg that not another word be spoken to them. (For  
they could not endure the order that was given, 'If even an  
animal touches the mountain, it shall be stoned to  
death.' Indeed, so terrifying was the sight that Moses said, 'I  
tremble with fear.') But you have come to Mount Zion and to  
the city of the living God, the heavenly Jerusalem, and to  
innumerable angels in festal gathering, and to the assembly of  
the firstborn who are enrolled in heaven, and to God the judge  
of all, and to the spirits of the righteous made perfect, and to  
Jesus, the mediator of a new covenant, and to the sprinkled  
blood that speaks a better word than the blood of Abel.

See that you do not refuse the one who is speaking; for if they  
did not escape when they refused the one who warned them  
on earth, how much less will we escape if we reject the one  
who warns from heaven! At that time his voice shook the  
earth; but now he has promised, 'Yet once more I will shake  
not only the earth but also the heaven.' This phrase 'Yet once  
more' indicates the removal of what is shaken—that is, created  
things—so that what cannot be shaken may remain. Therefore,  
since we are receiving a kingdom that cannot be shaken, let us  
give thanks, by which we offer to God an acceptable worship  
with reverence and awe; for indeed our God is a consuming  
fire.

### Luke 13.10-17

Now he was teaching in one of the synagogues on the  
sabbath. And just then there appeared a woman with a spirit  
that had crippled her for eighteen years. She was bent over  
and was quite unable to stand up straight. When Jesus saw  
her, he called her over and said, 'Woman, you are set free from  
your ailment.' When he laid his hands on her, immediately she  
stood up straight and began praising God. But the leader of  
the synagogue, indignant because Jesus had cured on the  
sabbath, kept saying to the crowd, 'There are six days on  
which work ought to be done; come on those days and be  
cured, and not on the sabbath day.' But the Lord answered  
him and said, 'You hypocrites! Does not each of you on the  
sabbath untie his ox or his donkey from the manger, and lead  
it away to give it water? And ought not this woman, a daughter  
of Abraham whom Satan bound for eighteen long years, be set  
free from this bondage on the sabbath day?' When he said this,  
all his opponents were put to shame; and the entire crowd was  
rejoicing at all the wonderful things that he was doing.

*The readings in Isaiah and Hebrews talk of the past and the  
future. Looking towards a future of security and certainty -  
surely something we need in the present time when everything  
seems so uncertain. The time to build up is now - destruction is  
negative, construction is positive. It is the end of  
uncertainty and the beginning of stability. We are given  
images of locations, resources, fortification and people that will  
bring about that stability. We are promised an 'unshakeable  
kingdom'; can we even imagine that? Hebrews is saying that  
what awaits us is not something that can be got by ordinary  
power. It is not something that can be touched.  
In the Gospel reading the power of touch is shown in a very*

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positive light. Here a woman who would at best be pitied, at worst would be seen as disgusting, is viewed through the eyes of Jesus. Not an 'insignificant old woman' but a 'daughter of Abraham'. As with many healing stories it is her wellbeing that needs healing not just her physical health. By affirming her dignity Jesus highlights her both as an individual and the value of striving for collective wellbeing. When he touched her, her disability ended, she stood upright and praised God. In one act the two things are tied together forever, touch and healing, and celebrating wellbeing for all of us in the name of Christ.

### We are praying for...

#### In Memoriam

We pray for those whose anniversaries fall this week

Margaret Mary Gooden	21 <sup>st</sup> August 2007
Ursula Griffiths	23 <sup>rd</sup> August 2015
Rodney Alan Rowe	24 <sup>th</sup> August 2018
Yvonne Thomas	25 <sup>th</sup> August 2020
Joseph Morton	26 <sup>th</sup> August 2010

*'May they rest in peace, and rise in glory'*

Flowers in church this week have been kindly donated by Christine Grainger in memory of her husband Joseph.

#### Our neighbours

In August we are praying for St Paul's Road, Parsonage Road, Lea Road, Gibsons Road and Wilson Road.

#### Also in our prayers

Gordon; Raymond; Jeremy; Jean; Marcia; Derek; Peggy.

We pray for Iris whose thanksgiving is in our service today.

#### Services this week

We are a people of prayer and we would like to encourage others to pray with us or just to sit in the presence of God in our churches. Please do come along for half an hour of music, prayer, readings and contemplation. Most of the services are informal and based around spirituality rather than formal prayers.

**Wednesday 24<sup>th</sup> August 9.45am** Morning Prayer with Holy Communion

Starting in **September on Thursdays at St. Paul's** – Evening Prayer using Common Worship or Celtic Daily Prayer. Dates and times to be confirmed.

#### Diary Dates

**Wednesday 31<sup>st</sup> August** - 9.45 Holy Communion will be followed by 'Brew in a Pew' at approx. 10.30. Tea, coffee, biscuits, and another opportunity to hear Margaret Wyatt sing accompanied by her husband Roger on the piano.

**Walking Group** – this is on 2<sup>nd</sup> Saturday of the month, and meets at 9.30 am at St Paul's. Please speak to Geoff Kay for details.

**Choral Evensong** – There will be no Choral Evensong in August, the next one is at 6.30pm on 25<sup>th</sup> September.

**Little Fishes** – Closed during August, opens again in September.

**Heaton Mersey Heritage Day** -Saturday 10<sup>th</sup> September 11am-4pm at St John's Heaton Mersey. Archives, photos, memorabilia. Free admission/refreshments.

#### Volunteers needed at St Paul's

**We need volunteers to take Holy Communion to people at home, or in a retirement or nursing home. If you would like to be part of this ministry, please speak to Revd Liz.**

**Eco Church** Be our church's Eco Champion! Revd Liz is looking for someone to help with our Eco Award. Please let her know if you would be interested in helping.

**Little Fishes Thursdays 9.30-11am** To enable our thriving mums and toddlers group to continue, we urgently need volunteers! Please speak to Revd Liz.

**Choir** - Please see any of the welcomers or choir members.

**Church – We urgently need more welcomers!** Please see Revd Liz or any of the welcomers if you would like to help with the important job of welcoming people into church.

**Refreshments** Join us after the service for a cuppa.

#### Fostering

Stockport Council Fostering Service is encouraging residents to take part in fostering services; if you are interested in more information go to

<https://www.stockport.gov.uk/people-who-can-foster>

#### New Rector in the Heatons Team

We are delighted to welcome Revd Mike Read as the next Team Rector of the Heatons. It is expected he will take up his post in the autumn.

We now have **Wi-fi in church!** The password is **Congregat!on**

#### Contact details:

*Team Vicar:*

Revd Liz Rowles [revlizrowles@gmail.com](mailto:revlizrowles@gmail.com)

0161 964 3928 (*usual day off Friday*)

*Churchwardens:*

Eleanor Doyle 07942 490524

Ann Worthington 07831 747416

*Please take this sheet home with you for reflection and prayer and another one for someone who may like it.*

**St John's & St Paul's**  
**Together in Mission and Ministry**  
[www.heatons-team.org.uk](http://www.heatons-team.org.uk)